

# STAY HOME SAVE LIVES

## RUNNING ESSENTIAL ERRANDS

### HOW TO STAY SAFE DURING YOUR DAILY ROUTINES

#### REMEMBER



Only go out for essentials.

Wear a cloth face covering and maintain a distance of 6 feet from others.

Do not touch your eyes, nose, or mouth.

Talk to your doctor online, by phone, or e-mail.

**If you are feeling sick or have symptoms of COVID-19** (cough, shortness of breath, fever, chills, muscle pain, sore throat, new loss of taste or smell), **stay home**. If you think you have COVID-19, call your doctor and follow their instructions.

#### SHOPPING

Order online and use  
curbside pickup.

If you must go into a store, wear a  
cloth face covering and maintain  
social distancing.

Shop during non-peak hours,  
disinfect shopping carts,  
and use touchless  
payment.



#### DELIVERY AND TAKEOUT

Pay online or  
on the phone.



Ask for deliveries to be left in a safe  
spot outside your home.

#### GETTING GAS



Use disinfecting wipes  
on handles or buttons  
before use.

#### BANKING

Bank online whenever possible.

If you must visit the bank, use  
the drive-thru ATM and clean  
it with a  
disinfecting  
wipe before  
use.



#### PHARMACY

Order and pick up all prescriptions  
at once.

Use drive-thru, mail order, and delivery.

Ask for a larger supply of your medicines  
to limit visits.



**Immediately after finishing  
an errand, use hand sanitizer  
with at least 60% alcohol.**

**When you get home, wash  
your hands with soap and  
water for at least 20 seconds.**



Find information and resources:  
[lakecountyil.gov/coronavirus](https://lakecountyil.gov/coronavirus)